



California Collaborative on the Social-Emotional Foundations for Early Learning (CA CSEFEL)

CA CSEFEL is part of the MAP to Inclusion & Belonging
WestEd Center for Child & Family Studies
www.CAinclusion.org




National CSEFEL

- It began at the national level with the Center on the Social Emotional Foundations for Early Learning
- National Center focused on promoting the social emotional development and school readiness of young children birth to age 5
- Jointly funded by the Office of Head Start and the Office of Child Care, under the auspices of the Administration on Children, Youth and Families at the U.S. Department of Health and Human Services
- Funding ended in 2012. Many of the faculty are part of Head Start National Center on Quality Teaching and Learning (NCQTL) and are still promoting Pyramid practices and Practice-Based Coaching

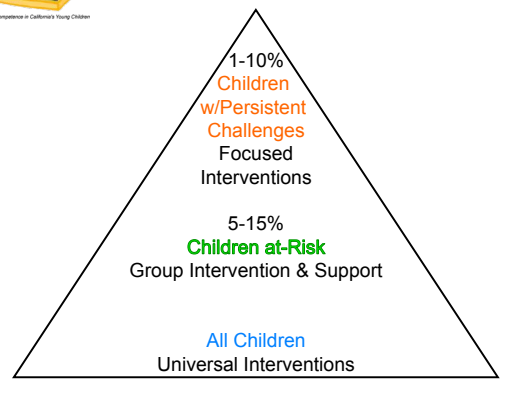


Partner Project: TACSEI

- TACSEI (Technical Assistance Center on Social Emotional Intervention for Young Children) is a partner National Center focused on sharing practices that improve the social-emotional outcomes for young children with, or at risk for, delays or disabilities
- Recent focus on early intervention practices
- Funded by the US Department of Education, Office of Special Education Programs
- Funding ended in 2013. Many faculty are part of the Early Childhood Technical Assistance Center (ECTA Center) funded through OSEP




Three Levels of Need



1-10%
Children
w/Persistent
Challenges
Focused
Interventions

5-15%
Children at-Risk
Group Intervention & Support

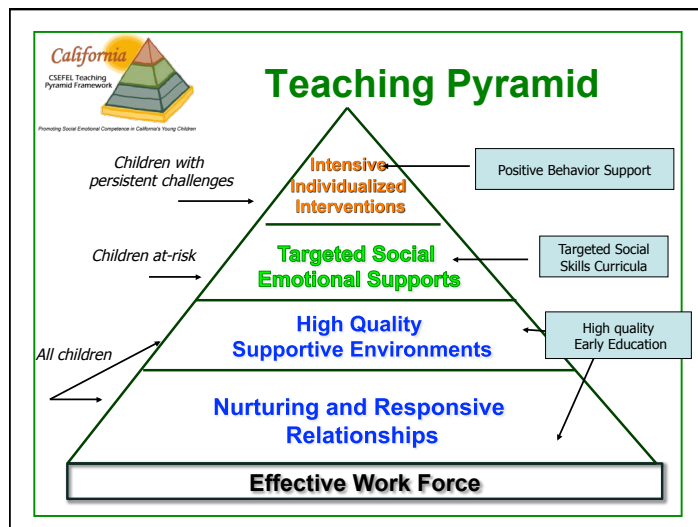
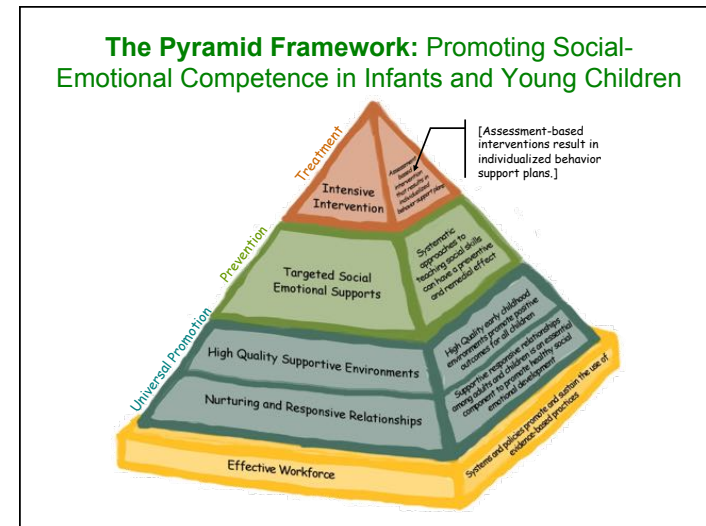

All Children
Universal Interventions



Teaching Pyramid

Promoting Social Emotional Competence in California's Young Children

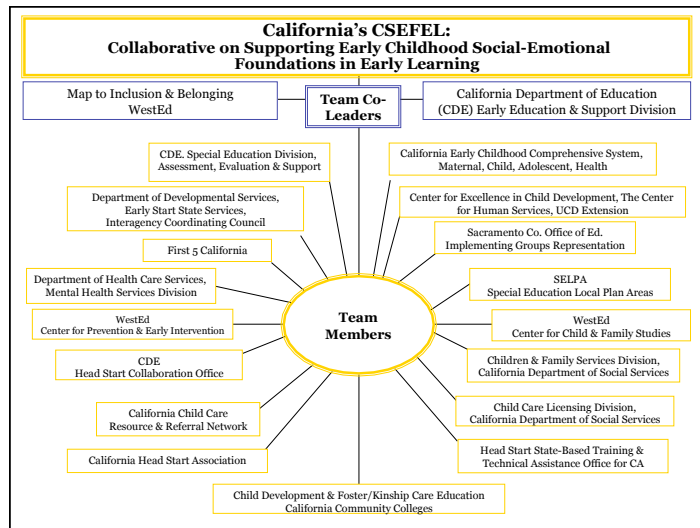
- The **Teaching Pyramid** is the name used by CA CSEFEL to describe the training and technical assistance for the approach developed by the national Center on the Social Emotional Foundations for Early Learning (CSEFEL)
- There are California adapted versions for preschool, infant/toddler, and family child care
- The Teaching Pyramid Framework was built on evidence-based practices and has been shown to increase social-emotional competence and decrease challenging behavior

CSEFEL Pyramid Model Partnership

Promoting Social Emotional Competence in California's Young Children

CA CSEFEL (The California Collaborative on Social Emotional Foundations for Early Learning) is a state-wide, multi-agency group focused on spreading the Teaching Pyramid framework throughout California



California's Vision


Social-emotional development is foundational for learning and development in young children, and California is committed to promoting and supporting healthy social-emotional development in all of its children



Compliments CA Documents

- The CA CSEFEL Teaching Pyramid is aligned with the California Early Learning & Development System (Foundations and Frameworks)
- As part of the California Department of Education's Early Learning & Development System, there are documents being produced to guide teachers of young children
- Foundations, Curriculum Frameworks, Program Guidelines, Assessment through the Desired Results measure, and Professional Development are all part of the Early Learning & Development System
- The Preschool Volume 1 and the Infant Toddler Learning & Development Foundations and Curriculum Framework all begin with Social-Emotional Development
- That was intentional by the CDE as that area of development is the foundation for future learning


California
CSEFEL Teaching Pyramid Framework
Promoting Social Emotional Competence in California's Young Children




Program-Wide is What Makes CSEFEL Unique!

- The power of the Teaching Pyramid is most clearly seen when it is implemented across an entire site, district, or agency – Program-Wide!
- Training is only one small part of the approach
- It takes planning by a group of leaders, training in a systematic way, and coaching/technical assistance to support implementation in order to be “doing CSEFEL”

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CA CSEFEL Teaching Pyramid




- Leadership Team
- Training over Time
- Coaching
- Plans for sustainability
- Specialized Training
 - Top of the Pyramid
 - Teaching Pyramid for Families

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Key Points about the CSEFEL Pyramid Model

- Most social/emotional development and behavior is promoted through positive preventive measures
- Most children's behavior and development does not require intensive intervention



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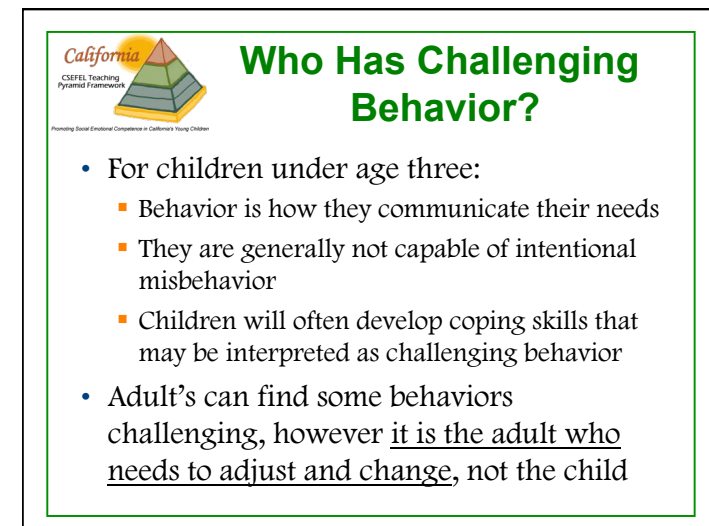
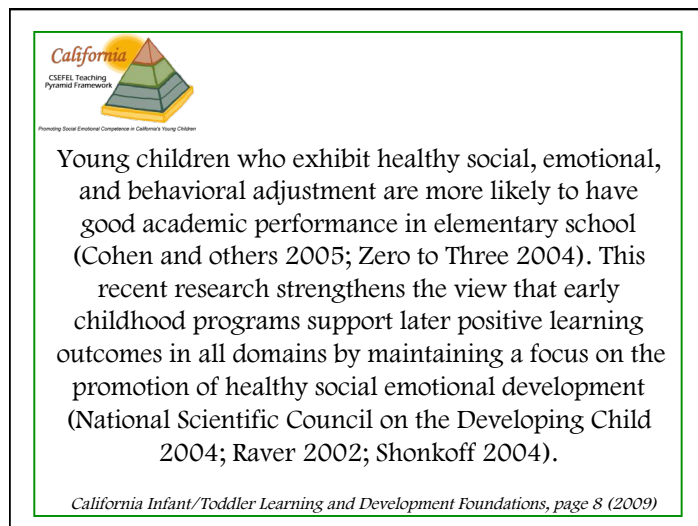
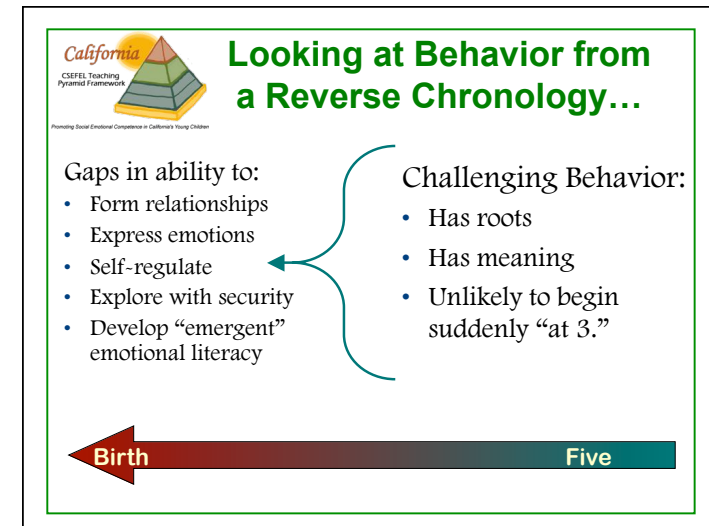
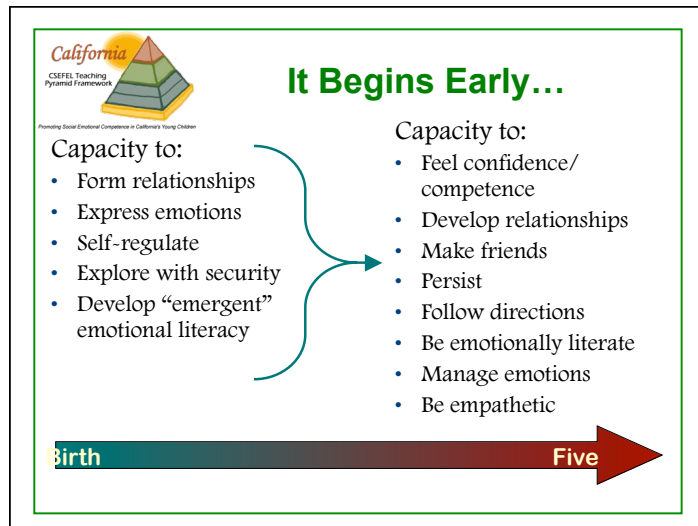
What is Social-Emotional Development?


★ The developmentally and culturally appropriate ability to:

- ❖ Experience, express and manage emotions
- ❖ Establish positive and rewarding relationships with others



California Infant/Toddler Learning and Development Foundations, 2009



The logo features a pyramid divided into four horizontal layers of different colors: orange at the top, followed by green, blue, and dark blue at the base. To the right of the pyramid, the text "teachingpyramid" is written in a bold, black, sans-serif font, with "teaching" in lowercase and "pyramid" in title case. Below "teachingpyramid", the word "Preschool" is written in a red, sans-serif font.

teachingpyramid
Preschool

Brief Description of the Preschool Module Content


*Adapted by WestEd Center for Child & Family
Studies, San Marcos Office, 2012-13 version*

*Originally developed by the Center on the Social
and Emotional Foundations for Early Learning*

Module 2: Social Emotional Teaching Strategies

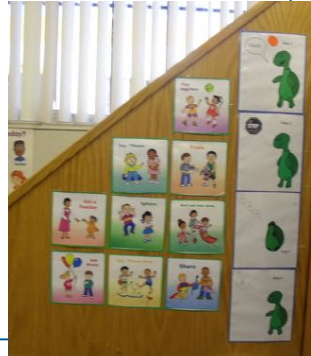
Topics included in this module:

- Identifying teachable moments
- Facilitating the development of friendship skills
- Teaching children to recognize and express emotions (emotional literacy)
- Teaching children to understand and manage strong emotions such as anger, giddiness
- Teaching problem solving and conflict resolution

A small logo in the bottom right corner consisting of a yellow triangle with a black outline, containing the text 'teachingpyramid' in a stylized font.

Strategies and Materials that Teach

- Friendship skills
 - Super Friend
- Emotional Literacy
 - Identifying feelings in self and others
- Managing Strong Emotions
 - Tucker Turtle/Sonia Snail
 - Feel Good space
- Problem-Solving/Conflict Resolution
 - Problem-Solving Steps
 - Solution Kit
 - Systematic process, visuals



Module 3A & B: Individualized Intensive Intervention

Topics included in this module:

- Modifying and adapting materials and activities to meet the individual needs of all children, including those with disabilities
- Identifying the function of challenging behavior
- Identifying behaviors and social skills to target for intervention
- Focusing on teaching new behaviors that still meet the original function
- Developing a plan for supporting social-emotional development and preventing challenging behavior
- Using a team approach to addressing challenging behavior and social-emotional needs

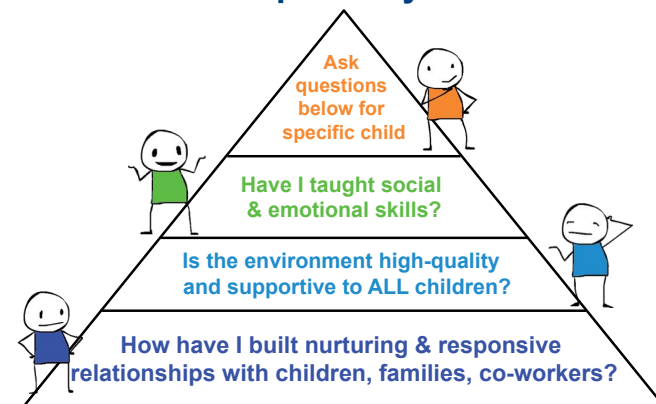


Reflection on What Works

- Think about a time that you were able to work with a child who had some challenging behavior and help him or her be successful in your program
- What strategies did you use to help the child to succeed?
- What did you learn?



When Concerned About Behavior, Walk Up The Pyramid!



Also: Leadership Strategies for an Effective Work Force

Topics addressed with the Leadership Team:

- Identifying challenges and barriers to implementing effective practices
- Identifying strategies for addressing barriers and challenges
- Developing program policies, procedures and staff development plans that promote the use of effective practices
- Identifying steps to collaborative planning for programs and systems that support all young children's social-emotional development and addressing challenging behaviors as needed



Counties with Programs Trained By WestEd

| | |
|---------------------|----------------------|
| Alameda County | Sacramento County |
| Contra Costa County | San Diego County |
| El Dorado | San Francisco County |
| Fresno County | San Joaquin County |
| Los Angeles County | Santa Barbara County |
| Madera County | Santa Clara County |
| Merced County | Santa Cruz County |
| Monterey County | Ventura County |
| Orange County | Yolo County |



Levels of Implementation

Ä Entry CA CSEFEL Teaching Pyramid Sites

Community sites who have some, but not all of the components and are interested in growing to the next level

Ä Practicing CA CSEFEL Teaching Pyramid Sites

Community sites who are committed to implementing all components of the Pyramid model

Ä Partner CA CSEFEL Teaching Pyramid Sites

Sites with the goal of implementing with fidelity to the framework, sending a team to a Leadership Summit, and collaborating with CA CSEFEL on data collections


Ä Mentor CA CSEFEL Classrooms in Partner Sites

Mentor classrooms are located within Partner Sites, have implemented with fidelity to the framework, and agree to reach out and mentor other programs



Online Overview

- There is an overview of the CA CSEFEL Teaching Pyramid available online through the California Early Childhood Online (CECO) website:
<http://www.caearlychildhoodonline.org>
- The three-hour overview is provided free of charge for those who register and a verification certificate will be issued upon completion




Strengthening Families

- This is a national movement to provide a framework for promoting family strengths and a family environment that promotes optimal child and youth development
- There are five “protective factors” that, when well established in a family, diminish the likelihood of child abuse and neglect
- Information on the Protective Factors can be found at <http://www.cssp.org/reform/strengtheningfamilies/about>



Five Protective Factors

1. Parental resilience
2. Social connections
3. Concrete support in times of need
4. Knowledge of parenting and child development, and
5. Social and emotional competence of children

CA CSEFEL Addresses the Protective Factors

- The materials and the CA CSEFEL Teaching Pyramid Framework support most of the protective factors
- They directly address knowledge of child development and social emotional competence of children
- When support is provided to families in groups it can increase parental resilience and lead to social connections
- And all early care and education providers need to learn about concrete supports in times of need available in their community



Family Tools

- There are many articles and tools that will give strategies to address typical, yet challenging, behavior
- On the website, these are organized by module topic
 - Module 1: Relationships and Environment
 - Module 2: Teaching Social-Emotional Skills
 - Positive Solutions for Families Series
- The resources can either be shared directly with family members, or they can provide you with background information and tools to use with family members

www.cainclusion.org/teachingpyramid/materials.html

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Families are Central

- Throughout the material, families are included
- “Positive Solutions for Families” is a set of materials to use with families of young children
- There are six total sessions that can be done in two series
- The materials are in English, Spanish, Chinese, and Vietnamese.




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Material on Websites


The Teaching Pyramid Website has a page dedicated to materials you can use with families

- There are several great articles
- Strategies to help parents
- Material for facilitation of parent/family member groups



www.cainclusion.org/teachingpyramid/materials_family.html


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To Summarize

- CA CSEFEL Teaching Pyramid is a tiered approach to promote health social-emotional development, prevent problem behavior, and address challenging behavior in young children
- The Teaching Pyramid is designed to work in partnership with families, specialists, administrators, teachers, and more

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Thank You!

For more information:
teachingpyramid@wested.org

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