

Road Map for Helping Your Child Grow

(_____) and (_____) discussed (_____)

Parent

Provider

Child's name

development today(_____). Possible concerns were identified in the following

Date

areas: *(Please check box and write brief description. Attach screening results to this form.)*

- Communication _____
- Learning _____
- Motor/Movement _____
- Personal-Social _____
- Other _____

More information about how your child is developing may be helpful for providing supports that will help your child grow and learn. Please bring your screening results to your appointments.

NEXT STEPS

Your Child's Health Care Provider

Your doctor will assist with your child's overall health care and support your child's growth and development. Your child's doctor may request further assessment.

Doctor: _____

Phone: _____

Notes: _____

Doctor: _____

Phone: _____

Notes: _____

Community-Based Services

Providers will talk with you about possible supports and services to help your child grow and answer your questions.

Family Resource Center:

Contact: _____

Phone: _____

Notes: _____

Agency: _____

Contact: _____

Phone: _____

Notes: _____

Please contact me to share what you learned and talk about next steps.

Name _____

Title/Agency _____

Phone _____

Email _____

RESOURCES

California's counties offer programs and services that are unique to their community. We encourage you to explore resources in your county.

California MAP to Inclusion and Belonging website includes county-specific resources.
<http://cainclusion.org/camap/counties.html>

The Early Start Central Directory of Early Intervention Resources is a comprehensive resource that provides information on the early intervention resources available in California by county. <http://www.dds.ca.gov/EarlyStart/home.cfm>

California Programs

CA Association of Family Empowerment Centers: link to 14 Family Empowerment Centers, providing information and support to families of children with disabilities, ages 3 – 22.
<http://cafec.org/>

CA Child Care Resource & Referral Network:
Link to the state-funded child care resource and referral (R&R) program in every county, providing free information on choosing child care and referrals to child care providers.
<http://www.rnetwork.org/>

California Early Start/Dept. of Developmental Services: provide services to infants and toddlers with disabilities and their families, and children 3 and older meeting specific eligibility criteria.
<http://www.dds.ca.gov/EarlyStart/home.cfm>

Family Resource Centers Network of CA: link to 47 Family Resource Centers, providing parent-to-parent support and information to families of infants and toddlers with disabilities.
<http://www.frcnca.org/>

Child Development Information & Resources

Family Voices of California (FVCA): provides families with the information and support to make informed decisions about the health care of their children.
<http://www.familyvoicesofca.org/>

Learn The Signs. Act Early. Center for Disease Control tools and information to help parents and others track children's development and get help if concerned.
<http://www.cdc.gov/ncbddd/actearly/>

CA MAP to Inclusion and Belonging, Making Access Possible: comprehensive information and resources on child development and quality child care.
<http://cainclusion.org/camap/counties.html>

Zero to Three/Behavior and Development: information, interactive tools, Tip Sheets on the development of infants and toddlers.
<http://www.zerotothree.org/child-development/>

