



MAP To Inclusion and Belonging.....Making Access Possible

2018 Winter Open House and Resource Webinar

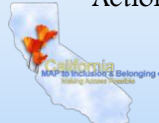
Cindy Arstein-Kerslake
Alejandro Castillon
WestEd Center for Child and Family Studies



1

Overview

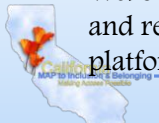
- Orientation to the MAP to Inclusion & Belonging Project and Website
- Essential inclusion resources and projects supported or developed by MAP
- County specific resources
- How could you use these resources?
- Highlights of resources and links by topic area
- Action plan



2

MAP to Inclusion & Belonging...Making Access Possible


- Funded by the **Early Learning and Care Division** of the **California Department of Education (ELCD/CDE)** with quality improvement funds
- Currently operated by WestEd Center for Child and Family Studies
- Project originally started from a federal project in 1998, continued with ELCD/CDE funding
- Website developed in 2004 & updated regularly and recently moved to disability accessible platform




3

MAP's Purpose

- Primarily geared toward providing resources to support child care providers in implementing inclusive practices for children with disabilities from birth to 21 years of age in their programs
- Provides comprehensive resources related to children with disabilities useful to families and professionals
- Actively seeks to meet the needs of all stakeholders – welcome suggestions, questions and input



4



Welcome

Inclusion is more than the presence of children with disabilities or other special needs in early childhood settings or after-school programs; it really is all about belonging. As stated so eloquently by Norman Kunc...

It's All About Belonging

"When inclusive [practice] is fully embraced, we abandon the idea that children have to become 'normal' in order to contribute to the world. Instead, we search for and nourish the gifts that are inherent in all people. We begin to look beyond typical ways of becoming valued members of the community, and in doing so, begin to realize the achievable goal of providing all children with an authentic sense of belonging."

--Norman Kunc (1992) www.normemma.com

5

Where to Find MAP



Working Together for Inclusion & Belonging






Beginning Together California MAP to Inclusion & Belonging Teaching Pyramid

- Go to www.CAinclusion.org

Click on the MAP logo



6



It's All About Belonging

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Bb Cc Dd Ee Ff Gg

Building a Culture of Inclusion and Belonging: Ten Guiding Questions

The MAP to Inclusion and Belonging Project Team challenges you to reflect on where you are with the culture of inclusion and introduces the federal Policy Statement on Inclusion.

MAP Project Resources


Essential information and publications on inclusion produced by the MAP Team including the book, Inclusion Works!, training power points and MAP Newsletters.

www.CAinclusion.org

MAP Project Resources

Essential information and publications produced by the MAP Team

- CA CSEFEL
- County Specific Resources
- Hot Topics
- Inclusion Works!
- MAP Training PowerPoints
- MAP Newsletter Archive
- Reports and Useful Documents



8

Resources and Links: By Topic Area

	Coping with Trauma		Legal and Licensing
	Cultural Competency		Organizations for Families
	Disability Specific		Policy/Trends
	Early Identification		School Age & Beyond
	Family Engagement		Social Emotional & Behavior
	Healthy Mind, Healthy Body		Training & Technical Assistance
	Inclusive Practice		Video Collection
	Infant & Early Mental Health		Visual Supports

9

MAP Project Resources: CA CSEFEL



- California Collaborative for the Social and Emotional Foundations for Early Learning
- About CA CSEFEL- CA Department of Education's vision and plan for supporting social and emotional development
 - See the "Project Info Sheet"
- Free sample adapted materials!



10

Teaching Pyramid

<http://cainclusion.org/teachingpyramid/>

- The Teaching Pyramid is comprehensive professional development on the CSEFEL components
- Materials for classrooms and families in Chinese and Spanish
- Visit the website for more information

www.Cainclusion.org/teachingpyramid



11

Preventing Suspension and Expulsion of Young Children in Child Care & Early Education Settings

<https://preventingchildcareexpulsionca.org/>



- New website developed by the CA CSEFEL Leadership Team
- Actionable resources to help early care and education programs support all children to be successful
- See MAP's Summer 2018 Newsletter to guide you
- <https://cainclusion.org/resources/ca-map/newsletter-archive/201808-news-brief.html#nine-resources>

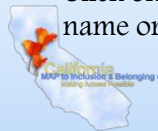


12

County Specific Resources

<http://cainclusion.org/camap/map-project-resources/county-specific-resources/>

- For California:
County specific
 - Organizations that support children with disabilities and
 - Inclusion/Behavior Resources
- Click on the county name or map



13

Hot Topics

New Resources Collected to Meet Needs Identified by the Field

- Inclusion Checklists and Self Assessments
- Play! Play! Play!
- Preventing Suspension and Expulsion in Early Education Settings (Social, Emotional and Behavior)
- Supporting Immigrants and the Homeless (Cultural Competency)
- Dual Language Learners (Cultural Competency and Resources in Multiple Languages)
- Federal Policy Statements (Reports and Useful Documents)
- Building a Culture of Inclusion: 10 Guiding Questions (Reports and Useful Documents)
- Visual Supports
- Early Identification: Learn the Signs Act Early
- Video Collection
- Coping with Trauma



14

Inclusion Works!

<http://cainclusion.org/camap/map-project-resources/inclusion-works/>

- Focus is on inclusive practice, collaboration, and practical strategies
- Intended for use in child care settings for children birth to age 12 years
- Training PowerPoint complete with presenters notes and Inclusion Works! book is **free** to download
- Will be updated soon and videos will be added!



15

MAP Training PowerPoints

<http://cainclusion.org/camap/map-project-resources/map-training-powerpoints/>

- Talking to Parents When You Have Concerns About a Child in Your Care
 - Inclusion Works! (Training Power Point to be used with the book)
- For California
- Overview of California Early Start – (Early intervention services) Updated as of October 2009, 2011 and 2015



16

MAP Newsletters

<http://cainclusion.org/camap/map-project-resources/map-newsletters/>




The very latest information, articles and new MAP web links and in depth resources on specific topics (Hot Topics)..Most recent:

- Five Sets of Tools and Resources to Support Learning for All Children
- Preventing Suspension and Expulsion August 2018
- Supporting Immigrant and Homeless Children Fall 2017
- Resources for Trauma Informed Care
- Be sure you join the mailing list by emailing man@wested.org

Reports and Useful Documents

<http://cainclusion.org/camap/map-project-resources/reports-and-useful-documents/>




- MAP Produced Publications
 - The Americans with Disabilities Act and Child Care: A Parent's Guide (English and Spanish)
 - **Building a Culture of Inclusion: 10 Guiding Questions**
 - MAP Newsletters, Inclusion Works!, MAP Training PowerPoints
- California Department of Education Publications
 - **Guidelines for Early Learning in Child Care Home Settings (Now available in Spanish –January 2018)**
 - Effective Early Childhood Transitions (Jan. 2015)
 - Best Practices for Planning Curriculum- Series
 - Family Partnerships and Culture (2016)
 - Integrated Nature of Learning (2016)
- US Ed Policy Statements and Guidance for Early Childhood-All in one place!
 - ED HHS Policy Statement on Inclusion-Law, Research, Attitudes, Recommendations and Resources



Reports and Useful Documents:


Other Useful Documents

- **Early Childhood Joint Position Statement by DEC and NAEYC**- provides a working definition of inclusion: Access, participation and support!
- **People First Language:** All about respect-puts the person before the disability
- **Preschool Inclusion Finance Tool Kit 2017 (for administrator making decisions about how to fund inclusion)**

How can you use these resources?

What resources do you need to support the success of ALL children?



Resources and Links

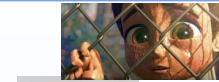
<http://cainclusion.org/camap/resources-and-links/>

- Useful, well-respected web resources with readily available materials
- Downloadable documents
- Training materials
- Video
- Resources in other languages identified
- For the rest of this PPT (so you can go back and access the content later), the slide title is the menu area of the website, followed by the name of the website



21

Video Collection

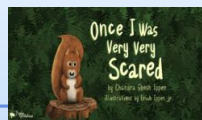
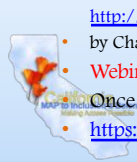


- Inclusion:
 - Ian: A Moving Story <https://youtu.be/6d4E08mWV0Q>
 - Draccess Video Library:
- Inspiration:
 - Kid Meets a Woman with Down Syndrome <https://www.youtube.com/watch?v=zTE4CHc2EU>
- Autism:
 - DAD: A Film About Autism and Fatherhood [https://www.youtube.com/watch?v=748index=34&list=PL4HkviG0t1m0mYn5G\(CoK3H2Qic&t=0s](https://www.youtube.com/watch?v=748index=34&list=PL4HkviG0t1m0mYn5G(CoK3H2Qic&t=0s)
 - Second Grade Friendship Binds Teenagers [https://www.youtube.com/watch?v=748index=34&list=PL4HkviG0t1m0mYn5G\(CoK3H2Qic&t=0s](https://www.youtube.com/watch?v=748index=34&list=PL4HkviG0t1m0mYn5G(CoK3H2Qic&t=0s)
- Social/Emotional:
 - Accentuate the Positive: The Transformative Power of Small Encouragements and Welcoming Interactions
 - Aces Too High: Five Minute
 - Growing Stronger Pre-K Teachers in San Jose, California, May 3, 2018, 6:03 [https://www.youtube.com/watch?v=748index=34&list=PL4HkviG0t1m0mYn5G\(CoK3H2Qic&t=0s](https://www.youtube.com/watch?v=748index=34&list=PL4HkviG0t1m0mYn5G(CoK3H2Qic&t=0s)
- Training Videos
 - Inclusion Collaborative Conference You Tube Channel- Keynote Joshua Sparrow [https://www.youtube.com/watch?v=748index=34&list=PL4HkviG0t1m0mYn5G\(CoK3H2Qic&t=0s](https://www.youtube.com/watch?v=748index=34&list=PL4HkviG0t1m0mYn5G(CoK3H2Qic&t=0s)

22

Coping with Trauma

- Resource Guide to Trauma-Informed Human Services (DHHS)-Resources Specific to Early Childhood Programs <https://www.acf.hhs.gov/trauma-toolkit/early-childhood-programs>
 - Comprehensive resources including resources for secondary trauma
- Helping Children Birth – 5 Rebound From Traumatic Experiences: Create Classrooms that Support Recovery
 - Recorded Webinar and Resources: October 25, 2016 <http://www.earlychildhoodwebinars.com/webinar-resources/>
- See the Fall 2017 Newsletter for recommended resources
- Once I was Very Very Scared! Free stories and activities <http://piploproductions.com/stories/once/>
 - by Chandra Ghosh Ippen, Ph.D.
- Webinar on about stress and trauma using <https://www.youtube.com/watch?v=DcAPbDpgoso&feature=youtu.be>



23

Coping with Trauma: Self Regulation

Self Regulation Snapshots:

- Snapshots (2 page infographics) are mini-lessons in self-regulation for various age groups <https://fpg.unc.edu/resources/self-regulation-snap-shots>
- For more detailed information
 - Self-Regulation and Toxic Stress
 - see the **Self-Regulation Briefs** <https://fpg.unc.edu/resources/self-regulation-briefs> and
 - the pod cast, **Teaching Self-Regulation in the Classroom**, <https://www.unc.edu/discover/well-said-teaching-self-regulation-classroom/>



24

Healthy Mind, Healthy Body



• Early Childhood Mental Health Consultation (ECMHC) -Taking Care of Ourselves:

<http://ecmhc.org/relaxation.html>

- Tool kits and Tutorials in English and Spanish
- Stress reduction & relaxation exercises video in English and Spanish



Stretch + Breathe: 5 Ways to Reinvigorate Students, July 12, 2018

<https://blog.gonoodle.com/2018/07/stretch-breathe-5-ways-to-reinvigorate-students/>



Head Start: ECLKC: EarlyEdu Alliance: Mindfulness: A Resilience Practice

<https://eclkc.ohs.acf.hhs.gov/professional-development/article/earlyedu-alliance>

- Professional Development for learning and teaching mindfulness includes PowerPoint and activities

Zero to Three: Mindfulness in Early Childhood –Research behind mindfulness

<https://www.zerotothree.org/resources/services/mindfulness-in-early-childhood>

25

Cultural Competency & Resources in Multiple Languages: Cultural Competency

In the News!

Supporting Bi-Lingual Children with Special Education Needs

Five Things to Know About Racial and Ethnic Disparities in Special Education

• Fall 2017 MAP Newsletter:

- Supporting Immigrant Children and Their Families: What Early Care and Education Providers Can Do
- Working with Homeless Families

• New Comer's Tool Kit- Comprehensive guide to working with immigrant students and families

Teaching Tolerance: Immigrant Refugee Children: A Guide for Educators



26

Cultural Competency & Resources in Multiple Languages: Dual Language Learners

• California Department of Education publications:

- Family Partnerships and Culture <https://www.cde.ca.gov/sp/cd/re/documents/familypartnerships.pdf>
- Preschool English Learners <https://www.cde.ca.gov/sp/cd/re/documents/psenglishlearners2.pdf>

• Head Start: ECLKC: Culture and Language: Dual Language Learners Tool Kit and Policy Statement <https://eclkc.ohs.acf.hhs.gov/culture-language/article/dual-language-learners-toolkit>

• Useable Knowledge: Harvard Graduate School of Education:

- Multi-Lingual Preschoolers: Young children are increasingly linguistically diverse. How can early childhood educators provide a safe, nurturing environment? <https://www.gse.harvard.edu/news/uk/18/04/multilingual-preschoolers>



27

Cultural Competency and Resources in Multiple Languages: Multiple Languages

• All About Young Children: Information for Families on Children's Early Development (California Department of Education)

- Videos, tip sheets and parent discussions by age group in 8 different languages

• Center for Parent Information and Resources (for parents of children with disabilities)

- Index to Resources in Spanish for English speakers and link to the index that is entirely in Spanish <http://www.parentcenterhub.org/spanish-to-english/>

• Child Mind Institute: Trauma Resources in 10 Different Languages

• Love Talk Play

- Free Poster with everyday activities for parents and their babies and toddlers in 6 languages

Pathways: Downloadable brochure of developmental milestones in 15 languages



28

Early Identification: Learn the Signs Act Early <http://cainclusion.org/camap/resources-and-links/inclusive-practice/>

- Early Identification Guide: Explains the Key Elements
- Resources by Topic Area:
 - Healthy Development and Developmental Milestones
 - CDC Learn the Signs Act Early Free Materials
 - **New!** Milestone Tracker App (Individualized screening)
 - **New!** Milestone Moments—videos and photos
 - Watch Me! Celebrating Milestones and Sharing Concerns -Training Modules for ECE
 - Birth to 5: Watch Me Thrive-Resources in Spanish
 - Developmental Screening:
 - Developmental and Behavioral Screening Guide-California specific



29

Inclusive Practice: Inclusion Checklists and Self-Assessments

- MAP Inclusion Checklists and Self-Assessments
<https://cainclusion.org/camap/resources-and-links/inclusive-practice/#inclusion-checklists-and-self-assessments>
- Choose the Checklist that fits your needs, discuss it with your inclusion team to help you improve your program



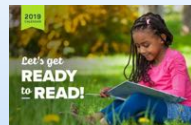
30

Inclusive Practice: Brooks Publishing Inclusion Lab <http://blog.brookespublishing.com/>

Free Booklets, Calendars and Tips

- 2019 Reading Readiness Calendar <https://brookespublishing.com/campaigns/2019-reading-readiness-calendar/>
- 2018-2019 Inclusion Calendar
- Taking Care of Them, Taking Care of You

Power in Friendship Toolkit
<https://www.inclusionproject.org/friends-hip/>



31

Inclusive Practice: Head Start: ECLKC Children with Disabilities

- Resources for Supporting Individualization
<https://eclkc.ohs.acf.hhs.gov/children-disabilities/article/resources-supporting-individualization> Organized around the 8 topic areas of evidence-based DEC Recommended Practices
- High Quality Inclusion Webinar Series <https://eclkc.ohs.acf.hhs.gov/children-disabilities/article/series-high-quality-inclusion>
- Highly Individualized Teaching and Learning <https://eclkc.ohs.acf.hhs.gov/children-disabilities/article/highly-individualized-teaching-learning> 15 minute In-service Suites addressing curriculum modifications including 8 different types of strategies to support children and tools for putting them into action in the classroom

Strategies for Support:

- Environmental Support
- Materials Adaptation
- Activity Simplification
- Child Preferences
- Special Equipment
- Adult Support
- Peer Support
- Invisible Support



32

Inclusive Practice: Head Start: Disabilities Services Newsletter



Disabilities Services Newsletter

- Supporting Peer Interactions, December 2017 – Includes:
 - Video clips, Child-Child Interaction Checklist, Peer Support In-service,
 - Practice Guides for Families
 - <http://hsicc.createsend1.com/t/ViewEmail/i/0648BB5AD98C81C72540FE23F30FFDED/70A99C8D978FABD416B21F2806CB3AER>
- Adapting the Environment to Support Engagement, November 2017- Includes:
 - Case Study, DEC Recommended Practices, CONNECT Module 5: Assistive Technology Resources
 - Environmental Adaptations Checklist
 - Practice Guide for Families
 - <http://hsicc.createsend1.com/t/ViewEmail/i/FD8D2286855920C02840EF23F30FEDED>



33

Inclusive Practice: Transitions



- **Classroom Transitions** <https://eclkc.ohs.acf.hhs.gov/video/classroom-transitions> 15 Minute In -service includes a brief video, tips for teachers and families and materials for trainers.
- **Infant /Toddler to Preschool Transitions for Children with Disabilities** <http://hsicc.createsend1.com/t/ViewEmail/i/F5C57E8A57E96B222540EF23F30FEDED/43B33EB248BC0C006CBD507C784BD83B> Moving from services under an Individualized Family Service Plan (IFSP) to an Individualized Education Plan (IEP) at age 3.
- **Preschool to Kindergarten Transitions for Children with Disabilities** <http://hsicc.createsend1.com/t/ViewEmail/i/CC2186FD836C88C82540EF23F30FEDED/7CCABA7A7C72DC79405DC10595964AA8>
 - DEC Recommended Practices Preschool to Kindergarten http://ectacenter.org/~pdfs/decrp/PG_Trn_PreschoolStoKindergarten_family_print_2017.pdf
 - Transition to Kindergarten Checklist http://ectacenter.org/~pdfs/decrp/TR-3_Transition_to_Kindergarten_2017.pdf
- **Strategies for Easing Transition Shock for new immigrants and English Language Learners** <https://www.edutopia.org/article/strategies-easing-transition-shock>



34

Disability Specific

Organizations that provide information, research and support to families on specific disabilities such as:

- Autism-1 in 40 children!
 - Autism Speaks: Autism and Health
 - Sesame Street and Autism (Meet Julia)
- Cerebral Palsy
- Down Syndrome-NDS Society
- Learning Disabilities and ADHD
 - Understood
- For rare diseases and disabilities see
 - General Disabilities: NORD Rare Disease Information



35

Family Engagement

- Engaging Families and Creating Trusting Partnerships Webinar Series
- Head Start: ECLKC Family Engagement-
 - Best Practices Video Series
 - Celebrating what fathers do every day-Posters
- US Department of Education (USDE): Family Engagement Policy
 - Zero to Three:
 - Daddy Matters
 - Podcast Series: Sharing the Care



36

Legal and Licensing

State and federal organizations providing oversight of services to children with disabilities as well as regulatory agencies and advocacy groups are found here.

- Americans with Disabilities Act
- California Department of Developmental Services (DDS)-Early Start and Regional Centers coordinating services for children with disabilities
- California Department of Education-Early Education & Support Division
- California Department of Social Services-California Child Care Licensing-Resources for Parents and Providers-Videos...New!
- Individuals with Disabilities Education Act (IDEA): **New website**
- US Department of Education
- Wrights Law: Free publications that explain the law

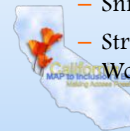
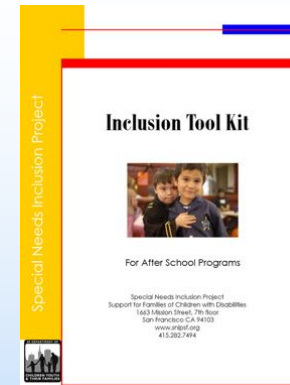


37

School Age and Beyond

The Special Needs Inclusion Project SNIP
www.snipsf.org

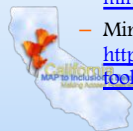
- Inclusion Kit
- Tip Sheets and Resources
 - Inclusive Practice Tip Sheets
 - Snippets Articles
 - Strategy Specific Workshop Tool Kits



38

Social and Emotional

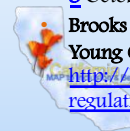
- **Bullying and Youth with Special Health Needs**
<https://www.stopbullying.gov/at-risk/groups/special-needs/index.html>
- **Center for Healthy Minds: 5 Tips for Building Empathy in Youth** <https://centerhealthyminds.org/join-the-movement/5-tips-for-empathy-building-in-teens>
- **Center for the Promotion of Social & Emotional Learning CPSEL** www.cpseel.org/
 - Growth Mindset Tool Kit
<https://www.transformingeducation.org/growth-mindset-toolkit/>
 - Mindfulness Tool Kit
<https://www.transformingeducation.org/mindfulness-toolkit/>



39

Social and Emotional

- **American Academy of Pediatrics: Effective Discipline to Raise Healthy Children**
<http://pediatrics.aappublications.org/content/early/2018/11/01/peds.2018-3112> November 2018
- **Head Start ECLKC : Mental Health: Help Me Calm Down: Teaching Children How to Cope With Their Big Emotions October 15, 2018**
<https://eclkc.ohs.acf.hhs.gov/teaching-practices/teacher-time-series/help-me-calm-down-teaching-children-how-cope-their-big> This webinar reviews "emotional regulation"
- **Understood: Managing Meltdowns and Outbursts: Helping Kids to Self-Regulate**
<https://www.youtube.com/watch?v=Y0xpVwChOy8> October 15, 2018 Webinar, with expert Ellen Braaten, Ph.D., 30:37.
- **Brooks Inclusion Lab: 15 Tips on Supporting Emotional Regulation for Young Children with and Without Autism**
<http://blog.brookespublishing.com/15-tips-on-supporting-emotional-regulation-for-young-children-with-and-without-autism/>



40

Social and Emotional

- Great Schools! Resources for helping children expand their feeling vocabulary-books and video game.
- Do You Feel Me? Feeling Words Game
<https://www.greatschools.org/gk/do-you-feel-me/>



41

Training & Technical Assistance

- **Beginning Together**-Intensive 5 day Seminar or Institute (PITC Module 5) on inclusion for children birth to 5
- **CIBC-California Inclusion & Behavior Consultant network** supports CDE funded programs with concerns about inclusion or challenging behavior
- **CPIN-California Preschool Instructional Network** provides professional development and technical assistance to preschools
- **ECTA Center-Inclusion in Least Restrictive Environments**
 - Webinar Series <http://ectacenter.org/webinars.asp#pastwebinars>
- **Inclusion Collaborative Conference:**
 - **CA Inclusion Conference** October 2019. For 2018 Conference Sessions see the Inclusion Collaborative You Tube Channel
<https://www.youtube.com/playlist?list=PL4Ffy1G0tHInplmYq5GfCowKm3H2Qjo>



42

Action Plan

- Identify three resources that stood out for you today?
- How will you use each resource?
- What resource or idea will you follow-up on to learn more about?



43

Talk to Us

- Be sure you are on our [Mailing List](#) to get our newsletter to hear about new resources and updates
- You can also let us know what you're doing with inclusion by emailing us at map@wested.org or carstei@wested.org

Thank You for Visiting MAP!



44