

# Learning Activities

(Some Items are included)

\*You can choose activities that you feel your child is ready for and will enjoy\*

\*Please supervise your child during these activities to ensure safety\*

## **Water Play**

\*You can use a bucket (the one provided 😊) to put water in.

\*Put things like sponges, cups, water bottles, and little toys in the water for some fun!

\*Let your child explore the items in the water. They can pour and splash!

\*Talk to your child about what they are doing (i.e. "splash, splash").

## **Fine Motor**

\*You can use a washed parmesan cheese container to place q-tips, straws, or pipe cleaners in.

\*Put pipe cleaners in a colander/strainer and let your child pull them out. You can also put ribbon in the hole and tie a knot on each end.

\*Squeeze wet sponges with hands.

\*Play with Play dough: pat, poke, squeeze.

\*Pop bubbles with fingers.

\*Color, paint, play with stickers.

\*Draw with chalk

## **Gross Motor**

\*Blow up a beach ball and roll, throw, kick, step over, and sit on it.

\*Lay out colored paper and have your child jump on the colors or throw objects on the paper.

\*Put out a box or bucket and let your child throw items into it.

\*Run or crawl after bubbles.

## Communication

- \*Put favorite snacks or toys in a clear container and wait for your child to request that you open it. A request can be your child handing it to you, then saying “open,” or even a whine or sound. Whatever requesting method your child is using, reinforce it by using simple language such as “open,” “more,” “more \_\_\_\_\_”.
- \*Look at a book with your child and talk about what you see in the pictures. You can point and name things and ask them to point to things if appropriate.
- \*Talk, Talk, Talk to your child 😊. Get down at their level and comment on what they are doing. Practice waiting a few seconds after saying something to them to see if they respond.
- \*Blow bubbles or a pinwheel and use whistles to strengthen mouth muscles.

## Music

- \*Play music for your child and/or sing familiar songs/fingerplays.
- \*Use pom poms, water bottles filled with different things (rice, beads, etc.) to make noise.
- \*Let your child bang on pots and pans with different things. Loud, but fun!
- \*Practice imitating your child's actions during music time or throughout the day! (i.e. child claps, you clap)
  - \*Then introduce new actions (i.e. you tap the floor and say “pat, pat, pat,” then say, “you're turn” and help your child imitate your actions.

I miss everyone very much and hope you  
have fun with these activities!

From: Teacher Chelle 😊

## List of Included Items:

- Large bucket
- Sponge
- Cups
- Ball
- Books
- Bubbles
- Pinwheel
- Music CD & pom pom
- Colander with pipe cleaners
- Crayons
- Markers
- Colored Paper
- Puzzle
- Play Doh
- Beach ball
- Fine motor task box (plastic storage container with a slit cut out w/ large plastic coins to put in)
- Paint with water book (children could use q-tip or finger to paint with water)
- Plastic beaded necklace (for parent to put in a metal pot or bowl for cause/effect)
- Chalk

