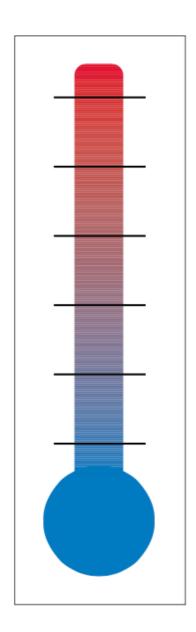
## Relaxation Thermometer



Adapted from Incredible Years Dinosaur School



Angry-Mad Frustrated



Calm-Relaxed Focused