Graph of Temperament Traits

	High Activity	Irregularity	Slow to Adapt	Withdraws	High Sensitivity	Intense Reactions	High Distractibility	Negative Mood	High Persistence
10									
9									
8									
7									
6									
5									
4									
3									
1									
	Low Activity	Regularity	Quickly Adapts	Approaches	Low Sensitivity	Mild Reactions	Low Distractibility	Positive Mood	Low Persistence
	Activity Level	Biological Rhythms	Adapt- ability	Initial Reaction	Sensi- tivity	Intensity of Reaction	Distract- ibility	Quality of Mood	Persis- tence