



teachingpyramid
Infants & Toddlers

I Can Get Calm

A Toddler Tale
From CA CSEFEL

I can do many things



I can bend, I can spin

Sometimes I am wild and busy!



Sometimes I am mad...

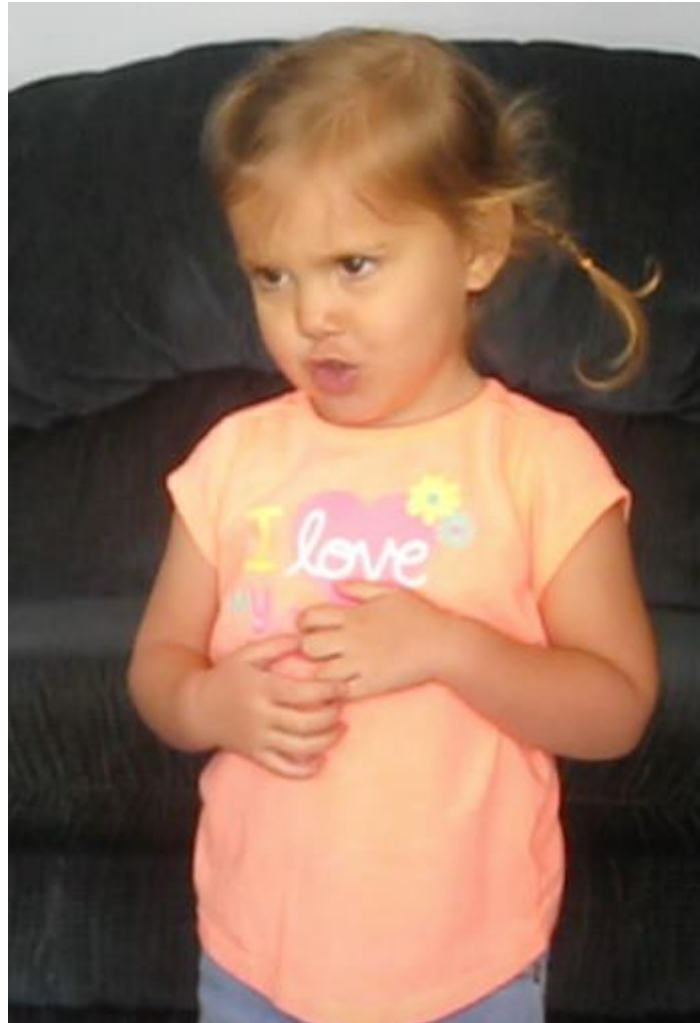


Sometimes I need to get calm.

I Can Hug a Soft Toy or Teacher



I Can Take Big Belly Breaths



I Can Stomp My Feet Hard And Then Softer and Softer



I Can Look at a Book



I Can Go to the Cozy Corner



When I Feel Calm I am Ready to Play!



How Do You Like To Get Calm?



Created by WestEd Teaching Pyramid – www.CAinclusion.org/teachingpyramid

The End

