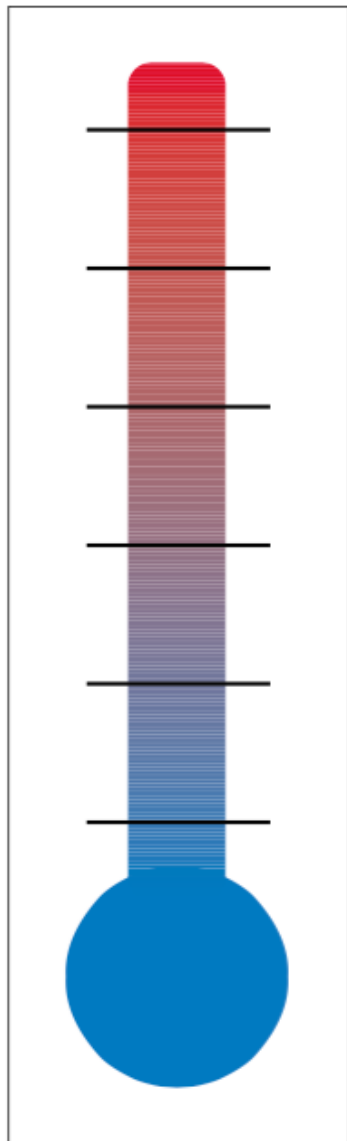


Relaxation Thermometer



Adapted from Incredible Years Dinosaur School



Angry-Mad
Frustrated



Calm-Relaxed
Focused