



# teachingpyramid

## Visit #

**Promoting the Social-Emotional Competence  
of Young Children  
2019-2020**



To promote implementation, the WestEd team provides onsite support through coaching over the course of the training. The WestEd Coach in the document below is either a WestEd staff member, or an Apprentice Coach working with WestEd.

**As teacher, I agree to:**

- Schedule one hour (or more) observations in my classroom up to five visits over the year
- Meet with classroom team, site manager, and internal coach/champion following the observation to debrief the observation and create an agreed upon Coaching Action Plan for the classroom team
- Notify the WestEd coach 48 hours or more in advance if I am not available for a scheduled visit (Visits will not be rescheduled if less than 48 hours notice is given)
- Follow-up with Internal Coach/Champion between WestEd coach visits
- Refer to the Coaching Action Plan in classroom planning sessions
- Share the Coaching Action Plan with team members who are not able to attend the follow-up meeting
- Implement the Next Steps from the Coaching Action Plan
- Keep track of successes and challenges with implementation
- Communicate questions, ideas, and concerns to the Internal Coach/Champion and/or the WestEd Coach
- Complete feedback form for WestEd Coach at the end of the coaching process

**Internal Coach/Champion agrees to:**

- Attend meetings with classroom team, Site Manager, and WestEd Coach following the observation
- Notify the WestEd Coach 48 hours or more in advance if I am not available for a scheduled visit
- Follow-up with teacher between WestEd Coach visits
- Refer to the Coaching Action Plan in meetings with teachers or team members
- Support implementation of the Next Steps from the Coaching Action Plan
- Communicate questions, ideas, and concerns to the teacher and/or the WestEd Coach
- Complete feedback form for WestEd Coach at the end of the coaching process

**Site Manager agrees to:**

- Determine who will be the primary contact(s) for scheduling classroom visits
- Ensure that all coaching visits are scheduled within the allotted time frame
- Attend meetings with classroom team, Internal Coach/Champion, and WestEd Coach following the observation (when scheduling allows)
- Follow-up with teacher and/or Internal Coach/Champion between WestEd Coach visits
- Support implementation of the Teaching Pyramid through incorporation at staff meetings, planning sessions, etc.
- Communicate questions, ideas, and concerns to the teacher and/or the WestEd Coach
- Complete feedback form for WestEd Coach at the end of the coaching process

**As WestEd Coach, I agree to:**

- Attend meetings with classroom team, Site Manager, and Internal Coach/Champion following the observation
- Provide initial Coaching Action Plan forms
- Notify the teacher & Internal Coach/Champion 48 hours in advance if I am not available for a scheduled visit
- Respond to questions, ideas, and concerns from the teacher and/or the Internal Coach/Champion
- Gather articles, handouts, and/or visual supports if needed for next meeting
- Prepare and email End-of-Year Report that summarizes strengths and areas of growth to the classroom staff, Internal Coach/Champion, Site Manager, and lead WestEd staff member

_____	_____
Teacher	WestEd Coach
_____	_____
Date	Date

*If you have questions or concerns about the WestEd coach, please contact Jeff Gibbons: 760-304-5272*



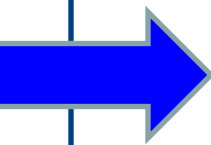


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## TEACHER COACHING VISIT AGREEMENT

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- Keep track of successes and challenges with implementation
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- Complete feedback form for WestEd Coach at the end of the coaching process



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#### PERSONAL PHOTOGRAPHY/VIDEO/AUDIO RELEASE

I understand that video sequences or photographs in which I and/or my child participate may be included in videotapes and other materials for educational purposes. They are being produced by WestEd in collaboration with the California Department of Education for long-term use in the professional development of providers of quality care for young children and/or the dissemination in materials and training opportunities.

I hereby acknowledge that my participation or image may be edited and used in whole or part, as desired for these purposes, and, insofar as I am concerned, may be prepared and produced, recorded and duplicated, broadcast and transmitted, posted on the internet, exhibited, distributed and viewed in educational institutions, public agencies, training workshops, community centers, child care centers and homes, and for institutional and other educational purposes world-wide without restriction. I also consent to the use of my name, likeness, and voice for informational purposes in conjunction with these purposes.

#### AUTORIZACIÓN PERSONAL PARA FOTOGRAFÍA/VIDEO/AUDIO

*Comprendo que las secuencias de video y fotografías en las que yo y/o mi niño/a participemos podrán ser incluidas en videos, DVD's y otros materiales con fines educativos. Estos están siendo producidos por WestEd en colaboración con el Departamento de Educación para ser usados a largo plazo en la formación profesional de los proveedores de cuidado infantil de alta calidad para niños pequeños.*

*Por la presente reconozco que mi participación e imagen podrán ser editadas y usadas, total o parcialmente, para estos fines y, en lo que a mí se refiere, podrán ser preparados y producidos, grabados y duplicados, diseminados y transmitidos, puestos en el internet, exhibidos, distribuidos y mostrados en instituciones, agencias públicas, talleres de capacitación, centros comunitarios, centros y hogares para el cuidado infantil, y con fines institucionales u otros fines educativos a nivel mundial, sin ninguna restricción. También autorizo que se use mi nombre, imagen, y voz.*

\_\_\_\_\_  
Name(s) of Participant(s)/Nombre(s) de Participante(s)

\_\_\_\_\_  
Date/Fecha

\_\_\_\_\_  
Address/Dirección

\_\_\_\_\_  
City/Ciudad State/Estado

\_\_\_\_\_  
Signatura/Firma (Parent, if participant is a minor/  
Padre/Madre si el participante es menor)

\_\_\_\_\_  
Phone/Teléfono

\_\_\_\_\_  
Email/Correo electrónico

\_\_\_\_\_  
If photographed at a program, please provide the name of the program above  
*Si fotografiado en un programa, proporcione por favor el nombre del programa arriba*

lb2012-8-21



California

CSEFEL Teaching  
Pyramid Framework



Promoting Social Emotional Competence in California's Young Children

## CA CSEFEL Teaching Pyramid Team Meeting with Coach Standing Agenda



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1

**Impressions from the Training, Training  
Action Plan, & Coaching Action Plan**

2

**Teaching Team Reflections on  
Classroom Observation**

3

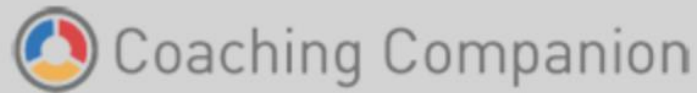
**Shared Reflection on  
Classroom Observation**

4

**Updates for Coaching  
Action Plan**

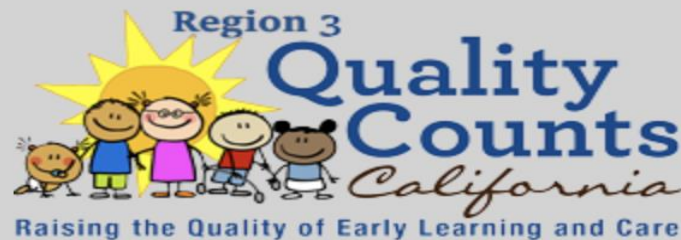
**Confirm Next  
Visit**

# Focused Observation Videos



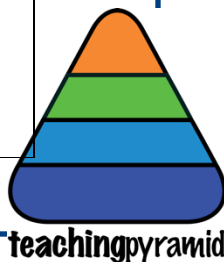
You are invited to create a Coaching Companion account.

[Click Here To Begin](#)



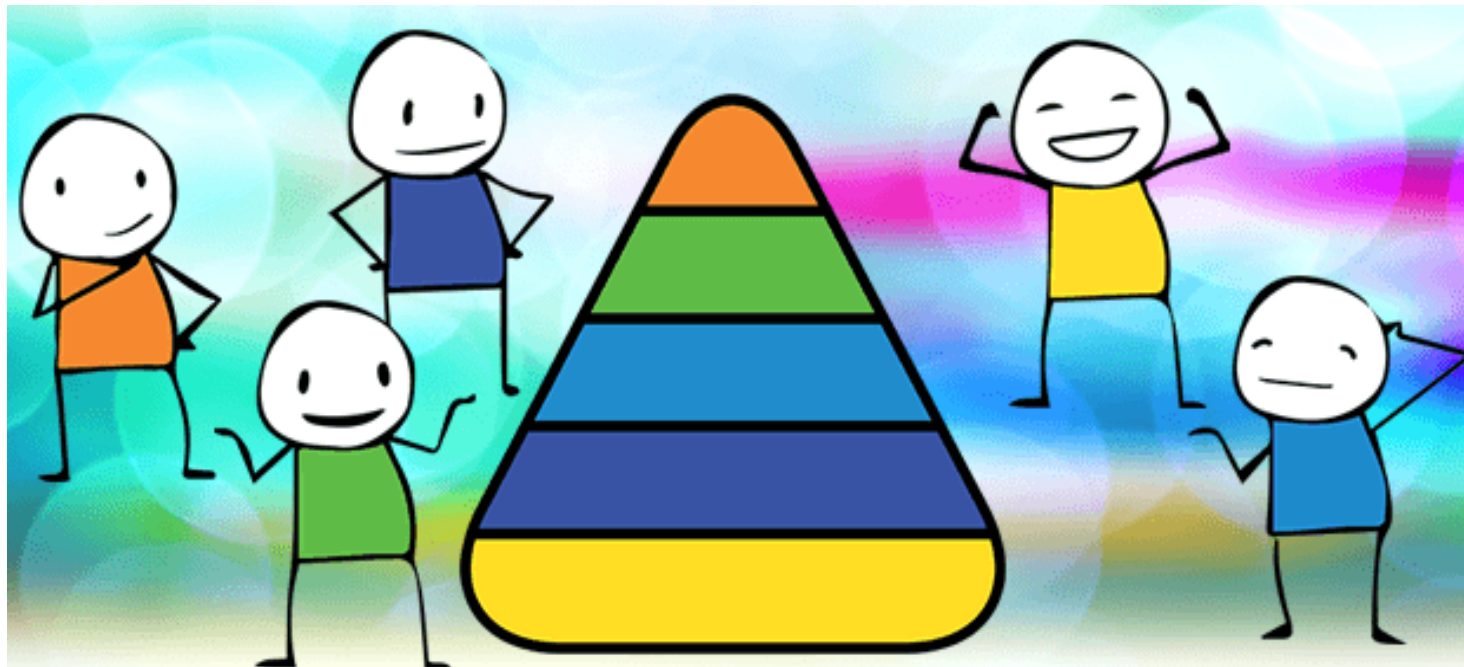
# Coaching Action plan

Coaching Action Plan					
Classroom:			Coach:		
Dates	Visit 1:	Visit 2	Visit 3	Visit 4	Visit 5
Action Items	Next Steps				Complete/Check-in Date





**As a team is there a Teaching Pyramid a skill/strategy from the last training that you would like to implement in your classroom to meet the current needs of the children?**



**Walking Up the CA Teaching Pyramid**



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# Team Action Plan for Module 1a of the CA CSEFEL Teaching Pyramid for Preschool

You can circle areas of interest for you personally or those you want to work on as a team. You can also just list some ideas under Next Steps. Have a team copy for the coach to refer to when s/he comes to your classroom.

**Site or Classroom:**

## BUILDING POSITIVE RELATIONSHIPS

### Skills and Indicators

### What will you and your team try from the information and ideas you heard today?

**1. Examines personal, family, and cultural views of child's challenging behavior**

- a. Considers personal beliefs regarding the acceptability and unacceptability of specific types of child behavior
- b. Considers personal beliefs regarding the causes of specific types of unacceptable child behavior
- c. Acknowledges contrasting or conflicting beliefs held by others regarding acceptable and unacceptable types of child behavior

**2. Examines own attitudes toward challenging behavior**

- a. Understands the relationship between children's social-emotional development and challenging behaviors
- b. Understands that children's challenging behaviors are conveying some type of message
- c. Understands there are many things that can be done to prevent challenging behaviors
- d. Identifies what behaviors "push my buttons"
- e. Understands "flipping the lid" and how that impacts both children and teacher behavior
- f. Practices reframing to help develop strategies for engaging with children when behaviors "push my buttons"
- g. Works together with a team to problem solve around issues related to challenging behaviors

**What stood out for you or your team?**





**What is your next step?**



# Team Action Plan for Module 1a of the CA CSEFEL Teaching Pyramid for Preschool

## BUILDING POSITIVE RELATIONSHIPS *(cont.)*

Skills and Indicators	What will you and your team try from the information and ideas you heard today?
<b>3. Develops meaningful relationships with families and staff</b>	<ul style="list-style-type: none"> <li>a. Establishes a warm and collaborative relationship with each child's family</li> <li>b. Informal communication with families occurs on a regular basis (drop off/pick up, during parent visits)</li> <li>c. Uses a variety of strategies for building relationships with all families</li> <li>d. Teacher has a system for regular communication with families that includes celebrations of the child's accomplishments</li> <li>e. Creates a communication system with families that is bi-directional, offering families a way to share information about the family or child with the teacher</li> <li>f. Offers periodic communication to the families from the school/program or teacher (newsletter, open house, parent conferences)</li> <li>g. Provides formal opportunities for families to visit the classroom</li> <li>h. Includes the culture of the family in the classroom (family photos on bulletin board, my family book, activities, language, materials)</li> <li>i. Provides directions or instructions to other team members about how to work within the classroom</li> <li>j. Staff have time to meet together for support and planning</li> <li>k. All staff contribute ideas for classroom planning</li> <li>l. Staff acknowledge one another's efforts throughout the day</li> </ul>
<b>4. Develops meaningful relationships with children</b>	<ul style="list-style-type: none"> <li>a. Greets children on arrival; calls them by name</li> <li>b. Communicates with children at eye level</li> <li>c. Verbally interacts with individual children during routines and activities</li> <li>d. Participates in children's play when appropriate</li> <li>e. Shows respect, consideration, warmth to all children</li> <li>f. Speaks calmly to children</li> <li>g. Uses a variety of strategies for building relationships with all children</li> <li>h. Promotes child's understanding of self and relationship to others (likes/dislikes, characteristics, similarities/differences)</li> <li>i. Attends to children in positive ways when they are engaging in appropriate behavior (not giving attention only when a child has challenging behavior)</li> <li>j. Creates a classroom that is a place that children and families like to be (i.e., feel comfortable, welcome, and safe)</li> <li>k. Considers a child's temperament when getting to know and understand the child</li> </ul>
<b>What stood out for you or your team?</b> 	
<b>What is your next step?</b> 	





# Team Action Plan for Module 1b of the CA CSEFEL Teaching Pyramid for Preschool

You can circle areas of interest for you personally or those you want to work on as a team. You can also just list some ideas under Next Steps. Have a team copy for the coach to refer to when s/he comes to your classroom.

**Site or Classroom:**

## DESIGNING SUPPORTIVE ENVIRONMENTS

Skills and Indicators	What will you and your team try from the information and ideas you heard today?
<b>5. Establishes and teaches clear expectations</b>	<ul style="list-style-type: none"> <li>a. Identifies appropriate classroom expectations with children</li> <li>b. Consistently makes connections between expectations and rules/examples for children</li> <li>c. Classroom or program-wide expectations with visual cues are posted</li> <li>d. Teaches children how to follow the expectations and rules/examples in developmentally appropriate ways</li> <li>e. Reviews basic expectations at least once per day (during large group, small group, transition time)</li> <li>f. Provides opportunities for children to practice classroom expectations, offering new examples</li> <li>g. States expectations positively and specifically (avoids "no" and "don't")</li> <li>h. Avoids directing children to follow the expectations (e.g., "You need to be safe.") and instead encourages them to think about their behavior (e.g., "What is a safe way to go down the slide?")</li> <li>i. Frequently reinforces children for appropriate behavior using positive, descriptive acknowledgement (PDA/PDA Plus)</li> <li>j. Encourages the child to review posted expectations when problem behavior occurs</li> <li>k. Uses a variety of ways to teach the expectations of specific activities so that all children understand them</li> <li>l. Encourages children to reflect upon the rules and expectations in connection to their ongoing behavior in the classroom</li> <li>m. Ensures that families are informed about the link between rules and expectations and using PDA Plus to teach them</li> </ul>
<b>What stood out for you or your team?</b>  	
<b>What is your next step?</b>  	

# Team Action Plan for Module 1b of the CA CSEFEL Teaching Pyramid for Preschool

## DESIGNING SUPPORTIVE ENVIRONMENTS *(cont.)*

### Skills and Indicators

### What will you and your team try from the information and ideas you heard today?

#### 6. Develops schedules and routines

- a. Maintains a consistent but flexible daily schedule
- b. Creates a visual schedule (use drawings or photographs)
- c. Reviews the schedule with children and refers to it throughout the day
- d. Designs schedule to include a balance of large-group and small-group activities
- e. Designs schedule to minimize the number of transitions children have to make during the day
- f. Schedule minimizes the amount of time children spend making transitions between activities
- g. Designs schedule to include a balance of child-directed and teacher-directed activities
- h. Implements schedule consistently
  - i. Teaches children about the schedule
- j. Provides explanations when changes in the schedule are necessary
- k. Uses activity schedule or visual cues for children who need extra support

#### What stood out for you or your team?



#### What is your next step?







# Team Action Plan for Module 1b of the CA CSEFEL Teaching Pyramid for Preschool

You can circle areas of interest for you personally or those you want to work on as a team. You can also just list some ideas under Next Steps. Have a team copy for the coach to refer to when s/he comes to your classroom.

**Site or Classroom:**

## DESIGNING SUPPORTIVE ENVIRONMENTS

Skills and Indicators	What will you and your team try from the information and ideas you heard today?
<b>7. Ensures smooth transitions</b>	<ul style="list-style-type: none"> <li>a. Considers transitions as an activity, with a planned and structured beginning, middle, and end</li> <li>b. Structures transitions so children do not have to spend excessive time waiting with nothing to do (e.g., has materials prepared to start circle or next activity as children arrive)</li> <li>c. Uses transition strategies that ensure children are actively engaged in transition</li> <li>d. Provides signals prior to transitions with auditory and/or visual cues and ensures that all children have received the signals</li> <li>e. Individualizes the signals prior to transitions so that all children understand them</li> <li>f. Explicitly teaches children the steps and expectations of transitions</li> <li>g. Effectively guides individual children who need extra support during transitions</li> <li>h. Provides positive, descriptive acknowledgement (PDA/PDA Plus) to children during transitions</li> </ul>
<b>8. Designs activities to promote engagement</b>	<ul style="list-style-type: none"> <li>a. Plans and conducts large-group activities with specific goals in mind for the children</li> <li>b. Varies the topics and activities in the large group from day to day</li> <li>c. Provides opportunities for children to be actively involved in large-group activities</li> <li>d. Varies speech and intonation to maintain the children's interests in the large-group activity</li> <li>e. Monitors children's behavior and modifies plans when children lose interest in large-group activities</li> <li>f. Plans and conducts small-group activities with specific goals in mind for each child</li> <li>g. Plans and conducts fun small-group activities</li> <li>h. Uses peers as models during small-group activities</li> <li>i. Assists individual children in selecting activities and becoming actively engaged</li> <li>j. Makes adaptations and modifications to ensure that all children can be involved in a meaningful way in any activity</li> <li>k. Encourages children to reflect on play (what is their plan, what are they doing, what did they do)</li> <li>l. Teacher-directed activities are shorter than twenty minutes</li> <li>m. Gives frequent positive, descriptive acknowledgement (PDA/PDA Plus) to children as they are engaging in activities</li> </ul>
<b>What stood out for you or your team?</b> 	
<b>What is your next step?</b> 	

# Team Action Plan for Module 2 of the CA CSEFEL Teaching Pyramid for Preschool

You can circle areas of interest for you personally or those you want to work on as a team. You can also just list some ideas under Next Steps. Have a team copy for the coach to refer to when s/he comes to your classroom.

Site or Classroom:

Name:

## SOCIAL AND EMOTIONAL TEACHING STRATEGIES

**Skills and Indicators**

**What will you and your team try from the information and ideas you heard today?**

**13. Promotes friendship skills among children and uses deliberate teaching strategies to teach friendship skills**

Select from the following:

- a. Opportunities for peer interaction are embedded in daily routines and activities
- b. Intentionally teaches friendship skills such as: initiating social interaction, organizing play, sharing, taking turns, being helpful, acknowledging peers, and caring about others
- c. Uses a variety of strategies to teach friendship skills (role playing, discussion, visual prompts, scaffolding modeling, acknowledging/ encouraging)
- d. Individualizes instruction based on children's developmental needs
- e. Prepares the environment to encourage interactions
- f. Structures activities to encourage interactions, including peer partners/buddies
- g. Prompts children to initiate interaction or respond to peers
- h. Refer children to each other, instead of an adult, for assistance
- i. Gives positive, descriptive acknowledgement (PDA/PDA Plus) to children using friendship skills
- j. Supports children in reflecting on interaction with peers

**What stood out for you?**



**What is your next step?**





# Team Action Plan for Module 2 of the CA CSEFEL Teaching Pyramid for Preschool

## SOCIAL AND EMOTIONAL TEACHING STRATEGIES *(cont.)*

### Skills and Indicators

### What will you and your team try from the information and ideas you heard today?

#### 14. Characteristics of a classroom that fosters emotional literacy are visible

Select from the following:

- Books are available that portray various emotions
- Uses photographs, pictures, and posters that portray people in various emotional states
- Other materials are included to support emotional literacy (check-in chart, feelings wheel, songs, art materials)
- The above items are used to promote emotional development through activities, games, and routines (book nook, check-in chart, feeling wheel, reading, songs)

#### 15. Promotes emotional literacy through identification and labeling of emotions in self and others

Select from the following:

- Prompts children to identify their emotions throughout the day
- Assists children in recognizing emotions in self by asking questions, offering possible feeling states, using the check-in chart, or referring to classroom materials designed to help them identify their emotions
- Assists children in recognizing and understanding how peers might be feeling by pointing out facial expressions, voice tone, body language, or words
- Uses real-life situations to practice identification of emotions
- Validates children when they identify their emotions (e.g., "You are really sad that there isn't space for you at the table right now.")
- Avoids following validation of feelings with directions (e.g., "I know you are feeling sad, BUT you have to share.")
- Models appropriate expressions and labeling of their own emotions and self-regulation throughout the day
- Shows empathy and acceptance when children express their emotions
- Individualizes instruction for children having difficulty identifying, understanding, and expressing and/or managing emotions
- Uses PDA/PDA Plus to help children connect positive actions to feeling states (e.g., "You are giving David a turn on the swing. Look at how happy his face looks." "You are giving David a turn on the swing. You look really proud of yourself!")

### What stood out for you?





### What is your next step?





## SOCIAL AND EMOTIONAL TEACHING STRATEGIES (cont.)

Skills and Indicators	What will you and your team try from the information and ideas you heard today?
<b>16. Promotes children's individualized emotional regulation that will enhance positive social interactions</b>	<p>Select from the following:</p> <ul style="list-style-type: none"> <li>a. Helps children recognize cues of emotional escalation</li> <li>b. Provides techniques and tools for regulating emotions (relaxation techniques, <i>Tucker Turtle</i> and <i>Sonia Snail</i> scripted story, counting to three, deep breaths, feelings check-in chart)</li> <li>c. Offers opportunities for children to practice handling strong emotions (fear, anger, frustration, exuberance, disappointment)</li> <li>d. Offers opportunities for children to practice emotional regulation skills at times when they are not having strong emotions</li> <li>e. Recognizes signs of emotional escalation and cues children to express emotions appropriately using various strategies in classroom</li> <li>f. Practices relaxation strategies with children (yoga, breathing, going to "be by myself" spaces)</li> <li>g. Provides frequent positive, descriptive acknowledgement (PDA/PDA Plus) of children's expression of emotion and attempts at self-regulation</li> <li>h. Gives positive, descriptive acknowledgement (PDA/PDA Plus) when children are engaged in appropriate behaviors to prevent emotional escalation</li> </ul>
<b>17. Creates a planned approach for problem-solving and conflict resolution</b>	<p>Select from the following:</p> <ul style="list-style-type: none"> <li>a. Individualizes a planned approach for the developmental level of the child</li> <li>b. Uses problem solving in interactions with children and models problem-solving steps</li> <li>c. Systematically teaches the problem-solving steps: 1. What is the problem? How do I feel? 2. Think, think, think of some solutions. 3. Try out the solution. 4. Teacher, give them support/check back in.</li> <li>d. Takes time to support children through the problem-solving process</li> <li>e. Reinforces children's problem-solving efforts</li> <li>f. Provides visual cues and tools for the children to use in learning to problem-solve (the Solution Kit, <i>Tucker Turtle</i> story, other scripted stories)</li> <li>g. Teaches a systematic method of conflict resolution such as using the problem-solving steps for resolution (Stop, we have a problem, 1. What happened? How do you feel? 2. What solution can we try? 3. Give the solution a try. 4. Teacher, give them support/check back in.)</li> <li>h. Gives children positive, descriptive acknowledgement (PDA/PDA Plus) for conflict resolution efforts</li> </ul>
<b>What stood out for you?</b> 	
<b>What is your next step?</b> 	

# Next coaching meeting visit

