Problem Solving Steps

1. What is the problem?
How do I feel?

2. Think, think, think of some solutions.

3. What would happen if...?
Would it be safe? Would it be fair?
How would everyone feel?

4. Give it a try!

To Use in Problem-Solving

1. **Help the child acknowledge that there is a problem. What is the problem? How do you feel?**
   - *Ask what happened; see if the child has feelings about this*
   - *Try to help the child to see an opportunity to problem-solve*

2. **Think, Think, Think of a solution**
   - *See if the child has ideas first*
   - *Get Solution Kit if needed*

3. **Evaluate the solution for safety and fairness if needed**
   - *"Is it safe?" "Is it fair?" "How will others feel?"*
   - *Help the child think about the impact on others if needed*

4. **Give it a try**
   - *Help the child recognize the end of the process. You can state the solution again if needed*

5. **Teacher, follow up with the child; use PDA!**
   - *Sometimes the first solution doesn't work. By following up, you can prompt the child to repeat the steps*

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