Problem Solving Steps

1. What is the problem? How do I feel?

2. Think, think, think of some solutions.

3. What would happen if...? Would it be safe? Would it be fair? How would everyone feel?

4. Give it a try!
To Use in Problem-Solving

1. Help the child acknowledge that there is a problem. What is the problem? How do you feel?
   - Ask what happened; see if the child has feelings about this
   - Try to help the child to see an opportunity to problem-solve

2. Think, Think, Think of a solution
   - See if the child has ideas first
   - Get Solution Kit if needed

3. Evaluate the solution for safety and fairness if needed
   - “Is it safe?” “Is it fair?” “How will others feel?”
   - Help the child think about the impact on others if needed

4. Give it a try
   - Help the child recognize the end of the process. You can state the solution again if needed

5. Teacher, follow up with the child; use PDA!
   - Sometimes the first solution doesn’t work. By following up, you can prompt the child to repeat the steps