

Problem-Solving Steps

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1. What is the problem?
How do I feel?



2. Think, think, think
of some solutions.



3. Give it a try!

4. Teacher follows up and gives PDA



Problem-Solving Steps

- 1. Help the child acknowledge that there is a problem. What is the problem? How do you feel?**
 - *Ask what happened; see if the child has feelings about this*
 - *Try to help the child to see an opportunity to problem-solve*
- 2. Think, Think, Think of a solution**
 - *See if the child has ideas first*
 - *Get Solution Kit if needed*
- 3. Give it a try**
 - *Help the child recognize the end of the process. You can state the solution again if needed*
 - *Provide PDA (Positive, Descriptive Acknowledgement) for being flexible, being good at solving problems, good at asking for help, staying calm, whatever!*
- 4. Teacher, follow up with the child; use PDA!**
 - *Sometimes the first solution doesn't work. By following up, you can prompt the child to repeat the steps*

