Problem-Solving Steps

1. What is the problem? How do I feel?
2. Think, think, think of some solutions.
3. Give it a try!
4. Teacher follows up and gives PDA
Problem-Solving Steps

1. Help the child acknowledge that there is a problem. What is the problem? How do you feel?
   - Ask what happened; see if the child has feelings about this
   - Try to help the child to see an opportunity to problem-solve

2. Think, Think, Think of a solution
   - See if the child has ideas first
   - Get Solution Kit if needed

3. Give it a try
   - Help the child recognize the end of the process. You can state the solution again if needed
   - Provide PDA (Positive, Descriptive Acknowledgement) for being flexible, being good at solving problems, good at asking for help, staying calm, whatever!

4. Teacher, follow up with the child; use PDA!
   - Sometimes the first solution doesn’t work. By following up, you can prompt the child to repeat the steps