Provide a signal before removing a preferred item or transitioning to a new activity. This signal should prepare the child for the transition, not enforce it.

Say, "one more turn and then it’s time to clean up" before it’s time to clean up instead of after your child refused to clean up.

Provide positive descriptive acknowledgment when your child begins to engage in the transition independently.

"You cleaned up the blocks all by yourself! Nice work!"

Help your child complete the transition, while keeping him/her safe, using prompting if needed.

"In one minute we will be all done with blocks and it will be time for snack."

For a list of transition signals you can use, click the link below:

https://cainclusion.org/teachingpyramid/walking-up-the-pyramid/

Providing consistent positive attention when your child engages in appropriate behavior during transitions reduces the likelihood that they will engage in challenging behavior during this time.

For more information visit
https://cainclusion.org/teachingpyramid/walking-up-the-pyramid/

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